

# You Never Lost Your Curiosity, Become Curious Again

As a result of growing up I felt once like I lost my curiosity. I remember as a child I was so much curious then today. Something happened, something changed. We grew up. We have a lot of ambition, failure, worries about life, also we lost the contact with this 'curious child' we have inside.

The need to discover new things is our drops of youth. First of all we can stay young and look young by practicing our curiosity muscle, Also you can start acting younger, and look younger. Here you will find different steps of [how to become younger](#) in your appearance.

One of the biggest problems in becoming curious again, is the worry we have that we could look childish. "Grow up!!", they say, I don't care. I want to discover new things. To be much more curious on the small details. Would love to maintain my young spirit, and feel free. Why not?

Therefore my decision, as an optimistic writer is to be more conscious about becoming curious again. I will do that by using all the tools I can, for taking action radically.

## **4 powerful 'take to action' steps**

1. **Ask questions** – I wrote an article [about asking question](#), you might like it. But if you don't want to follow some kind of method you should really consider asking questions in the eye of a child. Close your eyes and go for a journey in yourself, when you were curious young one. Ask why, Look for fun, explore your freedom.

Celebrate your new curious mindset. Ask funny questions.

2. **Explore countries** – For me traveling, exploring new countries, other cultures, different languages, was so powerful for the growth of my curiosity. It opened the skill of exploring. When I traveled a lot I managed to take those vibes to the . Every action i take is focusing my attention in being curios in people i meet, places i go, visions i see. Use traveling for [expanding your horizons](#).
3. **Aware for the small details** – By using your 5 senses, you will start your practice in searching for the small things. They say, “god is in the small things”. Start walking, and become curios about the small things you see, hear, taste, smell, and feel. You can do it when you write as well, [using the 5 senses for writing](#) , Kellie McGann explains about how to describe taste in writing by using metaphor.
4. **Admire the mystery** – To pump up the curios person inside of you, maybe you should start admire the unknown. always be curios about yourself, and the outside world, but dont forget to remember how mysterious this life is.  
“The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. He to whom the emotion is a stranger, who can no longer pause to wonder and stand wrapped in awe, is as good as dead –his eyes are closed.” Einstein

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